

## Health Department Overview Script

Professional health care for people from all walks of life...that's what you'll find at Fargo Cass Public Health. Whether you're planning a family, preparing for an international vacation or in need a mammogram, we're here to help. Please stay with us for the next few minutes to get an overview of the services we offer.

{{Full screen graphic: Family planning}}

Whether you're trying to have a baby or want to prevent pregnancy, our clinic staff can assist you. We offer family planning education and counseling for both male and female clients, as well as physical examinations and laboratory tests.

{Full screen graphic of services}}

Our services include:

- Testing for HIV and other sexually transmitted diseases.
- Treatment of infections.
- Pregnancy tests and
- Several types of contraceptives

Nurse practitioners staff our clinic. They are registered nurses with advanced training and certification. Our fees are on a sliding scale that is based on your income and household size. We accept medical assistance, private insurance and credit cards.

{{full screen graphic with hours}}

The clinic is open from 7:45 am to 4:30 pm on Tuesday, Wednesday and Friday and 7:45 am to 8 pm on Monday and Thursday.

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To schedule an appointment in our family planning clinic, call 241-1383.

{{transition graphic: International Travel}}

Whether you're planning a visit to Haiti, Honduras or Hong Kong, it's important to protect your health when traveling to other countries. In many of those nations, people struggle with illnesses and diseases that aren't common in the United States.

**Baird at 1:58--** “Some of the primary ones are malaria, which is a mosquito-borne infection. We don’t have any malaria in this country, and so we forget about it, but it’s very common in South America, Africa, and other countries around the world. It is an infection that comes from a mosquito bite and if you take prophylactic medicine, it very much helps prevent that from happening, from getting an infection. There’s other disease like yellow fever, some countries have yellow fever and that also requires a vaccination. There’s typhoid and other infections that we provide immunizations for.” (40)

Our international travel staff can meet with you to review your health history and determine what immunizations and medications you need for the specific locations you plan to visit.

**Girl at 22:40** “I’m going to be going to India for a missions trip with teen media. Today I’m going to be getting the typhoid fever vaccination and also be taking some malaria pills along with for mosquito bites.” (12)

This clinic is open by appointment only. If you’re traveling with other people, you can schedule a group appointment or come in alone.

**Baird at 2:42** “It’s good to check with us several months in advance....two, three, even four months if you know far enough ahead. Our schedule gets busy as it gets toward the season where people are traveling so you need to get an appointment scheduled, and then some vaccinations require a booster, and it takes a little while before it takes effect. So you can’t call the week before you’re going to travel and try to drop in and get all your medication and vaccinations.” (28)

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To make an appointment, call 241-1360 and ask for the international travel clinic.

{{transition graphic: Women’s Way}}

Some medical screening tests are important for women to have regularly but can also be quite expensive, especially for women without insurance or those on limited incomes. Women’s Way offers free breast and cervical cancer screening through funding from the federal government.

**Sound at 1:11** “I didn’t have any health insurance and Women’s Way, they kind of saved my life.” (:06)

**At 1:32** “I had a suspicious mammogram, and I went in for, I had a repeat mammogram, and then they did a biopsy, and they told me the next day that I had breast cancer. That was quite shocking, to hear that news. And then I ended up having a lumpectomy the next week or so. The week after that or two weeks after that, I was told that I didn’t have breast cancer. But the bills had already accumulated and even without treatment, without radiation or chemo, the bills added up to over 8 thousand dollars. And I was under the impression that Women’s Way was maybe just a screening program, that you just got the screening things, but no, they paid for everything.” (1:01)

Women ages 40 and up are eligible for free breast exams and cervical cancer screening. Women age 50 and up are also eligible for mammograms.

{{sound byte from Women's Way client}}

At 3:17 "It can happen to anybody, no matter what their education or situation. You just get into a spot where you may need the program and it's there for you, and they're so great." (13)

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To find out if you meet the income and insurance guidelines for Women's Way, call 241-1360 and ask for Women's Way.

4:23 "They're just so helpful and they're so compassionate, too. I just can't say enough good about 'em because they know what women need and they just give it to 'em." (17)

{{transition graphic: Health Tracks}}

{{video of child patients}}

Preventative health care is important for people of all ages. The North Dakota Health Tracks program makes sure young people get the checkups they need to stay healthy from birth through age 21. This program offers free services to Medicaid clients, including:

{Full screen graphic of services}}

- Hearing, vision and developmental testing.
- immunizations and lab tests.
- dental screening.
- health education.
- referrals for treatment as needed. (for the graphic just use "referrals" here)

{{lower-third banner with phone number over video of child patients}}

Health tracks is available Monday, Tuesday and Wednesday by appointment. To schedule a checkup, call 239-6763.

{{exterior of health department}}

All the services shown in this presentation are offered at Fargo Cass Public Health, located in downtown Fargo at 401 3<sup>rd</sup> Ave N.

{{Full screen graphic with contact info}}

To learn more about the health department, visit us online at [www dot city of fargo dot com, forward slash health](http://www.cityof Fargo.com/forward/slash/health) or call us at 241-1360.

{{close with Fargo Cass Public health logo}}